



We've ditched the dipstick.

- 1** Urine dipsticks won't work for diagnosing bladder infections in older adults. Because older adults have bacteria in the urine, the test results will not be reliable.
- 2** Before assuming a change in health or behaviour is a bladder infection, it's important to consider other possible reasons.
- 3** Canadian guidelines identify specific signs and symptoms of a bladder infection and what steps to take.
- 4** Giving antibiotics when they are not needed can lead to unwanted and harmful side effects.

