Choosing Wisely Canada

Opioids

Opioids (opoids) are powerful pain medicines. They work by affecting the brain, making the person feel less pain. However, the long-term use of opioids can cause several problems:

- Nausea
- Vomiting
- Constipation
- Addiction
- Respiratory problems
- Liver problems

Opioids are usually prescribed for severe pain. However, they can be addictive, and long-term use can lead to dependence. It is important to discuss the risks and benefits of opioid use with your doctor.

Opioids are usually used in combination with other pain medications. It is important to follow the directions given by your doctor.

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Choosing Wisely Canada provides a checklist of guidelines for physicians and patients to choose appropriately when selecting medical treatments. These guidelines aim to reduce overuse and misuse of healthcare services and improve patient outcomes. The website offers resources and tools for physicians and patients to make informed decisions about their care.