WHY GIVE 2 WHEN 1 WILL DO?

Especially now, to help conserve the blood supply.

• Don’t transfuse more than one red cell unit at a time in non-bleeding patients.

• Don’t transfuse red blood cells in asymptomatic, non-bleeding patients with hemoglobin greater than 70 g/L.

• Don’t transfuse blood if other therapies (e.g. iron) would be effective.

For more information, visit: www.choosingwiselycanada.org/transfusion-medicine.