Choosing Wisely Canada’s
VIRTUAL NATIONAL MEETING

Tuesday, May 26 | 11 am–1 pm & 2 pm–4 pm ET
Choosing Wisely Canada’s
VIRTUAL NATIONAL MEETING

Choosing Wisely Canada is offering a virtual event to highlight the efforts of our community since we cannot come together in person. Now more than ever, resource stewardship is critical to help alleviate the enormous pressures on the capacity of health care systems and providers delivering vital services.

The Virtual National Meeting will bring together health professionals, patients, system leaders, and researchers from across the country to discuss and engage in topics related to overuse in health care.

Join us on Tuesday, May 26 starting at 11 a.m. ET for our Virtual National Meeting, in collaboration with the Canadian Medical Association.

/ At the virtual event, you will:

- Engage with the Choosing Wisely Canada community in an energized exchange of ideas on overuse;
- Understand practical and implementable strategies for reducing overuse, and understand their impact;
- Network with colleagues who share your commitment to reducing overuse.

/ By the end of the virtual event, participants will be able to:

- Translate and apply best practices for reducing overuse in health care in their own clinical settings;
- Design effective approaches for evaluating interventions related to reducing overuse in health care;
- Develop strategies to share successful interventions across their health care organization or practice.

Choosing Wisely Canada would like to thank our sponsors for their generous support of the Virtual National Meeting:

[Logos of the sponsors]

Canadian Foundation for Healthcare Improvement
Fondation canadienne pour l’amélioration des services de santé

CREDITS

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the University of Ottawa’s Office of Continuing Professional Development. You may claim a maximum of 4.0 hours (credits are automatically calculated).

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the University of Ottawa’s Office of Continuing Professional Development for up to 4.0 Mainpro+ credits.
Agenda

Morning: 11 am–1pm ET

11:00 AM–11:10 AM  OPENING REMARKS FROM CHOOSING WISELY CANADA
Dr. Wendy Levinson, Chair, Choosing Wisely Canada

11:10 AM–11:45 AM  MORNING PRESENTATION
Prioritizing Advance Care Planning and a Palliative Care Approach: Steps Toward Improving Patient Care and Resource Stewardship in our Health Care System
Dr. Sandy Buchman, President, Canadian Medical Association and Staff Physician, Temmy Latner Centre for Palliative Care, Sinai Health System (Toronto)

Learning objectives:
• Review the benefits of advance care planning and an early and integrated palliative care approach
• Explore current gaps in access to palliative care across the country
• Share ways a palliative care approach can contribute to improved patient care and resource stewardship
• Discuss how and why clinicians and patients should be talking about palliative care and advance care planning

11:45 AM–1:00 PM  CHOOSING WISELY IN OUTPATIENT SETTINGS: ABSTRACT SESSION
Join our interactive abstract session that will highlight Choosing Wisely Canada innovations and initiatives from across the country.

Learning objectives:
• Identify ways to implement Choosing Wisely Canada recommendations in outpatient settings
• Describe potential barriers and facilitators in driving change
• Identify tools and resources that can support clinicians in reducing overuse

Abstract Presentations:
1. A Multi-Faceted Approach to Reduce Antibiotic Use in NL
   Dr. Robert Wilson, Quality of Care NL/Choosing Wisely NL
2. Optimizing the Use of Endoscopy in Otherwise Healthy Adults with Dyspepsia through Audit and Feedback
   Dr. Kelly Burak, Physician Learning Program
3. Antibiotic Prescribing Feedback to High-Volume Primary Care Physicians: A Randomized Controlled Trial
   Dr. Kevin Schwartz, Public Health Ontario
4. Reducing Unnecessary Thyroid Function Testing: A Quality Improvement Initiative
   Dr. Christine Tenedero, The Hospital for Sick Children
Afternoon: 2–4 pm ET

2:00 PM–2:45 PM

AFTERNOON PRESENTATION

Using Blood Wisely
Dr. Yulia Lin, Transfusion Medicine Physician and Hematologist, Sunnybrook Health Sciences Centre and Physician Lead, Using Blood Wisely

Conserving blood is critical to ensuring this vital health care resource is available for those who need it most, especially now. Learn more about Using Blood Wisely, a national campaign that aims to reduce unnecessary use of red blood cell transfusions in hospital settings.

Learning objectives:
• Review RBC utilization rates and drivers of inappropriate RBC transfusions
• Describe the national initiative to reduce unnecessary RBC transfusions across Canada
• Identify interventions to reduce unnecessary RBC transfusions

2:45 PM–4:00 PM

CHOOSING WISELY IN INPATIENT SETTINGS - ABSTRACT SESSION

Join our interactive abstract session that will highlight Choosing Wisely Canada innovations and initiatives from across the country.

Learning objectives:
• Identify ways to implement Choosing Wisely Canada recommendations in inpatient settings
• Describe potential barriers and facilitators in driving change
• Identify tools and resources that can support clinicians in reducing overuse

Abstract Presentations:

1. Reducing Sedative-Hypnotics Among Hospitalized Patients: A Stepped-Wedge Trial
   Dr. Christine Soong, Sinai Health System

2. Using Clinician Reports to Reduce Unnecessary Laboratory Testing in the Emergency Department
   Robert Parker, Saskatchewan Health Authority

3. From Order Set to Mindset: Diving in with Data
   Dr. Brandon Wagar, Vancouver Island Health Authority

4. Determining Key Intervention Components to Reduce Laboratory Test Ordering Overuse in General Internal Medicine Wards
   Dr. Narmin Kassam and Pam Mathura, Department of Medicine, University of Alberta and Alberta Health Services