

A large, dark red hand is shown from the top right, holding a small, orange pill dispenser. The dispenser is tilted, and a stream of black and white capsules is falling out of it, forming a vertical column on the right side of the page. The background is a solid, light red color.

# Paumanhin lamang, nguni't walang dami ng antibiotics ang makakapuksa sa inyong sipon.

Ang pinakamagandang paraan sa paggagamot sa karananiwang sipon, ubo o sakit sa lalamunan ay maraming likido at pahinga. Makipag-usap sa inyong tagapagbigay ng pangkalusugang pangangalaga.

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