

Using Labs Wisely:

Session Dates & Times

Date	Time (ET)	Time (PT)
Mon. Sept 12, 2022:	2 pm-4 pm ET	11 am-1 pm PT
Mon. Oct 17, 2022:	2 pm-4 pm ET	11 am-1 pm PT
Mon. Nov 14, 2022:	2 pm-4 pm ET	11 am-1 pm PT
Mon. Dec 12, 2022:	2 pm-4 pm ET	11 am-1 pm PT
Mon. Jan 16, 2023:	2 pm-4 pm ET	11 am-1 pm PT
Mon. Feb 13, 2023:	2 pm-4 pm ET	11 am-1 pm PT
Mon. March 6, 2023:	2 pm-4 pm ET	11 am-1 pm PT