

Choosing Wisely Canada

STARS

Students & Trainees Advocating
for Resource Stewardship



Choisir Avec Soin

ESPOIRS

Étudiantes sensibilisés pour l'optimisation
de l'intendance des ressources en santé



STARS/ESPOIRS
LEADERSHIP
SUMMIT
FROM HOME

May 25 2020 | 12:30–3:00 pm ET

STARS/ESPOIRS Leadership Summit From Home

Monday May 25

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|--------------------------|-------------------------------------------------------------------------------------------------------------|
| 12:30 PM-12:40 PM | WELCOME & INTRODUCTION TO CHOOSING WISELY CANADA STARS
Dr. Brian Wong, Choosing Wisely Canada |
| 12:40 PM-1:10 PM | INTRODUCTION TO RESOURCE STEWARDSHIP
Dr. Chris Hillis, Choosing Wisely Canada |
| 1:10 PM-1:35 PM | FACILITATED SMALL GROUP DISCUSSION (4 BREAKOUTS) |
| 1:35 PM-1:45 PM | PLENARY SUMMARY |
| 1:45 PM-2:00 PM | BREAK |
| 2:00 PM-2:15 PM | SHINING STARS OVERVIEW
Dr. Brian Wong, Choosing Wisely Canada |
| 2:15 PM-2:45 PM | SMALL GROUPS MEET WITH PAST STARS STUDENTS (4 BREAKOUTS) |
| 2:45 PM-3:00 PM | PLANS FOR 2020/2021 STARS
Dr. Karen Born, Choosing Wisely Canada |

Choosing Wisely Canada's VIRTUAL NATIONAL MEETING

Join us **Tuesday, May 26** at **11 a.m. ET** for our Virtual National Meeting, in collaboration with the Canadian Medical Association. The Virtual National Meeting will bring together health professionals, patients, system leaders, and researchers from across the country to discuss and engage in topics related to overuse in health care.

May 26 | Morning: 11 am–1 pm ET

11:00 AM–11:10 AM

OPENING REMARKS FROM CHOOSING WISELY CANADA

Dr. Wendy Levinson, Chair, Choosing Wisely Canada

11:10 AM–11:45 AM

MORNING PRESENTATION:

Prioritizing Advance Care Planning and a Palliative Care Approach: *Steps Toward Improving Patient Care and Resource Stewardship in our Health Care System*

Dr. Sandy Buchman, President, Canadian Medical Association and Staff Physician, Temmy Latner Centre for Palliative Care, Sinai Health System (Toronto).

Learning objectives:

- Review the benefits of advance care planning and an early and integrated palliative care approach
- Explore current gaps in access to palliative care across the country
- Share ways a palliative care approach can contribute to improved patient care and resource stewardship
- Discuss how and why clinicians and patients should be talking about palliative care and advance care planning

11:45 AM–1:00 PM

CHOOSING WISELY IN OUTPATIENT SETTINGS: ABSTRACT SESSION

Join our interactive abstract session that will highlight Choosing Wisely Canada innovations and initiatives from across the country.

Learning objectives:

- Identify ways to implement Choosing Wisely Canada recommendations in outpatient settings
- Describe potential barriers and facilitators in driving change
- Identify tools and resources that can support clinicians in reducing overuse

Abstract Presentations:

1. **A Multi-Faceted Approach to Reduce Antibiotic Use in NL**
Dr. Robert Wilson, Quality of Care NL/Choosing Wisely NL
2. **Optimizing the Use of Endoscopy in Otherwise Healthy Adults with Dyspepsia through Audit and Feedback**
Dr. Kelly Burak, Physician Learning Program
3. **Antibiotic Prescribing Feedback to High-Volume Primary Care Physicians: A Randomized Controlled Trial**
Dr. Kevin Schwartz, Public Health Ontario
4. **Reducing Unnecessary Thyroid Function Testing: A Quality Improvement Initiative**
Dr. Christine Tenedero, The Hospital for Sick Children

May 26 | Afternoon: 2-4 pm ET

2:00 PM-2:45 PM

AFTERNOON PRESENTATION:

Using Blood Wisely

Dr. Yulia Lin, Transfusion Medicine Physician and Hematologist, Sunnybrook Health Sciences Centre and Physician Lead, Using Blood Wisely

Conserving blood is critical to ensuring this vital health care resource is available for those who need it most, especially now. Learn more about Using Blood Wisely, a national campaign that aims to reduce unnecessary use of red blood cell transfusions in hospital settings.

Learning objectives:

- Review RBC utilization rates and drivers of inappropriate RBC transfusions
- Describe the national initiative to reduce unnecessary RBC transfusions across Canada
- Identify interventions to reduce unnecessary RBC transfusions

2:45 PM-4:00 PM

CHOOSING WISELY IN INPATIENT SETTINGS - ABSTRACT SESSION

Join our interactive abstract session that will highlight Choosing Wisely Canada innovations and initiatives from across the country.

Learning objectives:

- Identify ways to implement Choosing Wisely Canada recommendations in inpatient settings
- Describe potential barriers and facilitators in driving change
- Identify tools and resources that can support clinicians in reducing overuse

Abstract Presentations:

- 1. Reducing Sedative-Hypnotics Among Hospitalized Patients: A Stepped-Wedge Trial**
Dr. Christine Soong, Sinai Health System
- 2. Using Clinician Reports to Reduce Unnecessary Laboratory Testing in the Emergency Department**
Robert Parker, Saskatchewan Health Authority
- 3. From Order Set to Mindset: Diving in with Data**
Dr. Brandon Wagar, Vancouver Island Health Authority
- 4. Determining Key Intervention Components to Reduce Laboratory Test Ordering Overuse in General Internal Medicine Wards**
Dr. Narmin Kassam and Pam Mathura, Department of Medicine, University of Alberta