

Choosing Wisely Canada

STARS

Students & Trainees Advocating
for Resource Stewardship



Choisir Avec Soins

ESPOIRS

Étudiants sensibilisés pour l'optimisation
de l'intendance des ressources en santé



STARS

**2022 LEADERSHIP
SUMMIT**

February 27, 2022 | 12:00–2:00 pm ET

STARS 2022 Leadership Summit

[Click here to join]

February 27, 2022

Meeting Objectives:

1. Describe approaches to leverage resident, organizational or regional Choosing Wisely implementation activities for STARS.
2. Advance knowledge of key overuse and resource stewardship problems and approaches.
3. Reflect on future opportunities to engage in resource stewardship leadership.

Agenda

12:00 PM - 12:05 PM

OPENING REMARKS

Dr. Brian Wong, Choosing Wisely Canada

12:05 PM - 12:45 PM

REACH FOR THE STARS – ACHIEVING AND SUSTAINING IMPACT

Dr. William Silverstein, University of Toronto

12:45 PM - 12:50 PM

BREAK

12:50 PM - 1:15 PM

PANEL DISCUSSION - CHOOSING WISELY IN PRACTICE

Facilitated discussion where Drs. Bal, Curran, Eskander, Lloyd and Silverstein reflect on how they embed Choosing Wisely and resource stewardship activities into a diverse range of specialties.

1:15 PM - 1:55 PM

BREAKOUTS (TWO 20-MINUTE SESSIONS)

Discussion Facilitators:

- Pediatric Medicine: Dr. Chandandeep Bal
- Family Medicine: Dr. Michael Curran
- Procedural Medicine: Dr. Antoine Eskander
- Emergency Medicine: Dr. Taryn Lloyd
- Hospital Medicine: Dr. William Silverstein

1:55 PM - 2:00 PM

CLOSING REMARKS

STARS 2022 Leadership Summit

Faculty Bios

Dr. Chandandeep Bal is a fourth-year paediatric resident at the University of Toronto. She completed her undergraduate and medical degrees at the University of Calgary. Next year, she will be pursuing a fellowship in Child Maltreatment (Suspected Child Abuse and Neglect, SCAN) at SickKids. Her academic interests include Quality Improvement (QI) and resource stewardship.

Dr. Michael Curran is a rural generalist working in Goose Bay, Labrador. He is an early practice MD and has worked in rural and indigenous care as a rural flight nurse before medicine. Dr. Curran's work involves obstetrics, ER, clinic, inpatient, critical care and flight medicine. During medical school, he became interested in resource stewardship from an academic perspective and, in being from a resource limited province, he saw how poor stewardship was leading to long wait times, skyrocketing budgets, and most importantly how "more" was not improving outcomes. Dr. Curran is also a past STARS participant and has taken the discussions and tools from that seminar into his clinical work and now enjoys volunteering with CWC on the Family Medicine Advisory Committee for Canada.

Dr. Antoine Eskander is a head and neck oncologist and reconstructive surgeon with a research focus on improvement of cancer care in Ontario through the intersection of health services and quality improvement research. He teaches graduate students at the University of Toronto's Institute of Health Policy, Management and Evaluation, and is an adjunct scientist at ICES. Among other things, his research focuses on access to healthcare and disparities in care. The ultimate aim of his research is to spur initiatives to improve quality of care and patient outcomes. Dr. Eskander has extensively studied the COVID-19 pandemic's impact on cancer diagnosis and treatment in Ontario, leading to national media appearances. He led a transformation of Michael Garron Hospital's thyroid program, which now treats a greater number of patients and patients with more complex conditions.

Dr. Taryn Lloyd completed her medical school and Emergency Medicine training with a fellowship in Addiction Medicine at the University of Toronto. She has completed a Master of Science with a concentration in Quality Improvement and Patient Safety at the University of Toronto. Her academic interests lie at the intersection of quality improvement, patient safety, and the care of people who use drugs, both in the emergency department and in outpatient settings. She dreams of a world where high quality, efficient, safe evidence-based care is offered to patients who use drugs consistently and without stigma wherever they may seek care.

Dr. William Silverstein completed his medical school and Internal Medicine training at the University of Toronto, where he also served as Chief Medical Resident at Sunnybrook Health Sciences Centre. As a medical student, he co-founded Choosing Wisely Canada STARS (Students and Trainees Advocating for Resource Stewardship). He has completed a Master of Science with a concentration in Quality Improvement and Patient Safety at the University of Toronto, and an Editorial Fellowship at JAMA Internal Medicine for their Teachable Moments Series. He is completing a Fellowship in General Internal Medicine at University of Toronto. His academic interests lie at the intersection of quality improvement, patient safety, resource stewardship, and health services research.