

Choosing Wisely Canada

STARS

Students & Trainees Advocating
for Resource Stewardship



Choisir Avec Soin

ESPOIRS

Étudiants sensibilisés pour l'optimisation
de l'intendance des ressources en santé



**STARS/ESPOIRS
LEADERSHIP
SUMMIT**

April 14, 2024 | 12:00–3:40 PM ET

CHOOSING WISELY CANADA STARS SPRING SUMMIT

April 14, 2024

12:00 – 3:40 PM ET

Hybrid Meeting

In person: Centre Mont Royal, Room: Mansfield 2

Virtual: <https://choosingwiselycanada.zoom.us/j/82566232630>

LEARNING OBJECTIVES:

1. Describe approaches to leverage your STARS experience to advance your career objectives.
2. Develop an approach to be an effective leader and communicator.
3. Advance knowledge of successful STARS activities occurring throughout Canada.

AGENDA

12:00 PM – 12:15 PM

INTRODUCTION AND ICEBREAKERS

Dr. William Silverstein, Lead, Choosing Wisely Canada STARS
Tara Goodale, Manager of Operations, Choosing Wisely Canada

12:15 PM – 1:00 PM

A CAREER AS A RESOURCE STEWARDSHIP LEADER

Dr. Jerome Leis, University of Toronto and Sunnybrook Health Sciences Centre

1:00 PM – 2:00 PM

SKILLS-BUILDING WORKSHOPS (2 SESSIONS)

- Leadership with Dr. Adina Weirnerman (University of Toronto)
- “If You See Something, Say Something:” Turning Medical Overuse Into Scholarship with Dr. Brandon Combs (University of Colorado)

2:00 PM – 2:15 PM

BREAK

2:15 PM – 3:30 PM

CHOOSING WISELY CANADA SUPERSTARS PRESENTATIONS

- Lisa Hannane and Leia Chamlian, Laval University
- Peter Malik and Mary Roper, McGill University
- Suzie Lee and Jessica Cromwell, University of Alberta
- Tala Salaheddin and Chelsea Smith, University of British Columbia
- Nathalie El-Hawli and Yousra Maghmoul, University of Montreal
- Kayle Joyce and Vivian Heinrichs, University of Saskatchewan
- Alexandra Letourneau, University of Sherbrooke
- Darshana Seeburruth and Paige Brown, University of Toronto

3:30 PM – 3:40 PM

WRAP UP AND PHOTO

FACULTY BIOS



Brandon Combs, MD is a general internist at the University of Colorado and an Editor/co-founder of JAMA Internal Medicine's Teachable Moments Series. Clinical interests include medical education and evidence-based medicine. His research interests focus on the delivery of evidence-based care and reducing the provision of medical interventions that do not lead to improvements in health.



Tara Goodale, MSc is Manager of Operations for Choosing Wisely Canada. She is responsible for all day-to-day operations of the campaign, including staff and stakeholder management, strategic planning, budgeting, and financial reporting. Tara also leads the program operations for STARS (Students and Trainees Advocating for Resource Stewardship). Tara holds an Honours BA degree in Child and Youth Studies from Brock University and a Master's degree in Family Relations and Human Development from the University of Guelph. Tara brings a wealth of expertise and a deep understanding of health care operations with over 15 years of experience in managing hospital-based research programs.



Jerome Leis, MD, MSc, FRCPC is the Clinician Lead for the Using Antibiotics Wisely campaign. Dr. Leis is also an Infectious Diseases physician at Sunnybrook Health Sciences Centre and an Associate Professor in the Department of Medicine and the Centre for Quality Improvement and Patient Safety at the University of Toronto. His research is focused on the development of new models of care to reduce the risk of hospital-acquired infection and to promote the appropriate use of antibiotics.



William Silverstein, MD, MSc, FRCPC is a general internist at Sunnybrook Health Sciences Centre and an Assistant Professor (Clinician in Quality and Innovation) in the Department of Medicine at the University of Toronto. He has been the Lead of Choosing Wisely Canada STARS since July 2022. He is also the Physician Lead of Sunnybrook's Choosing Wisely Committee. His academic interests lie at the intersection of QIPS, resource stewardship, health services research, and educating clinicians to incorporate high-value care into their practices.



Adina Weirnerman, MD, MHSc, FRCPC is a general internist and Medical Director of Quality and Patient Safety at Sunnybrook Health Sciences Centre (HSC). She previously led Using Labs Wisely and is currently the Chief Patient Experience Officer at Sunnybrook HSC. Her research and quality improvement efforts focus on both teaching and education and implementation and measurement of resource stewardship.