

Choosing Wisely Canada STARS/ESPOIRS

Final Report Instructions

Fill out the **STARS 2025-26 Activity Reporting Template** (Excel spreadsheet). Each STARS activity you worked on this year is reported in a separate row. For each activity, fill out the relevant details in the row.

If an activity falls in more than one activity category, please indicate the primary and secondary activity type categories. *Example: trivia night hosted with a Pharmacy group.* The primary activity type would be Awareness building activity; the secondary activity type would be Interprofessional event.

Include as much detail as possible. For example:

- If you held a talk or lunch and learn, include the date, name of speaker, topic, number of attendees, etc.
- If you ran an Instagram contest, include the number of questions, topics, number of respondents, etc.
- If you created a social media account, include the handle, number of followers, type of content you post, etc.
- If you administered a survey, submit a copy of the questions, report the number of respondents, include findings, etc.
- If you embedded Choosing Wisely recommendations into lectures, note the recommendations and the courses.
- When in doubt – more information is better. You can also submit supplementary materials with your final report.