ALBERTA PRECISION LABORATORIES
Leaders in Laboratory Medicine

Laboratory Bulletin

DATE:	26 October 2026
TO:	All Zones: All Healthcare Professionals and Providers
FROM:	Alberta Precision Laboratories (APL)
RE:	**Updates to the APL General Laboratory Requisition**

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Key Message

- Effective immediately, Alberta Precision Laboratories (APL) has updated the General Laboratory Requisition (General Laboratory Requisition) to be more evidence-based and in alignment with Choosing Wisely Canada guidance.

Background

- The list of tests available as check boxes on the APL General Laboratory Requisition was revised to balance the needs of laboratory staff at collection sites while using evidence-based recommendations to reduce unnecessary laboratory testing and support appropriate test utilization
- Provincial outpatient test volume data was reviewed along with the Choosing Wisely Canada 2025 recommendations.
- Proposed changes were developed in consultation with clinical stakeholders.
- Additional information on commonly ordered panel tests has been added:
    - Lipid Panel (includes Triglycerides, Total Cholesterol, LDL-C, HDL-C, Non-HDL-C)
    - Progressive Thyroid Stimulating Hormone (TSH first, FT4 & FT3 by algorithm)
    - Hemoglobinopathy Investigation (Thalassemia screen; includes CBC no differential, Hb fractionation, Ferritin, Iron Studies)

How this will impact you

- The updated APL General Requisition can be found here: General Laboratory Requisition
- All tests provided by APL continue to be available for order via the “Additional Tests” box.
- Please consult the APL Test Directory (APL Test Directory) for a list of available tests.

Action Required

- For Healthcare providers using paper requisition forms to order general laboratory tests please use the updated APL General Laboratory Requisition (General Laboratory Requisition) to order laboratory tests.
- Please update your EMR or Physician Office Systems with the latest APL General Laboratory Requisition.

Questions/Concerns

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Approved by

- Dr. Carolyn O’Hara, Chief Medical Officer, APL